ALLIANCE & COALITION BUILDING

Helen H. Hsu, Psy.D. **Stanford University CAPS APA Div. 45 President**

Addressing Barriers & Building Bridges: Lotus Project Workshop

Who am I?



- SOGE

 Immigrant from Taiwan Working Class Alternative ed student • Bi-lingual, Multicultural Family Past President, Asian American **Psychological Association** • President, APA Div. 45 Past committee member APA-

 APA Minority Fellowship Program Settler on unceded Ohlone lands

Clinician, Activist, Advocate,

Educator, Mentor, Collaborator

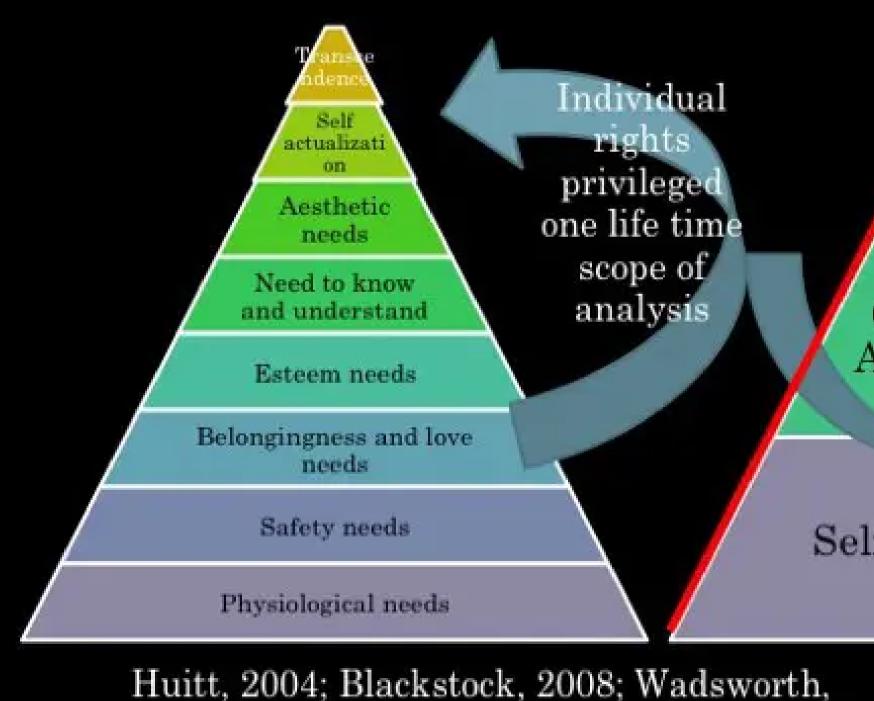


INTERTRIBAL FRIENDSHIP HOUSE Oakland, Ca Urban Rez Est. 1955



NATIVE AMERICAN HEALTH CENTER Serving the community since 1972 a california health.center

MASLOW'S HIERARCHY OF NEEDS (INFORMED BY BLACKFOOT NATION (ALTA) Western Perspective First Nations Perspective



cultural perpetuity Expansive concept of time and multiple dimensions of reality

Community Actualization

Self Actualization



Workshop is Confidential, we entrust that individual and agency info is not shared without permission.

Active Engagement: Stay Curious and Participatory

Be Here Now.

Take space, Make Space

Radical Respectful Candor



Dr. Julii Green and Dr. Sherry Wang

Who teaches us the values for collaboration?

When have we seen it in practice?

Is it valued in our professions?

"While there can be highly-engaged intra-community conversations among separate East Asian, South Asian, Southeast Asian, West and Central Asian, and Pacific Islander / Pasifika communities, this dialogue rarely extends into commitments to fight and advocate for each other under a shared umbrella of solidarity."

--Lily Zheng

MAKING DEI PRACTICAL AND RESULTS-DRIVEN WITH LILY ZHENG #108

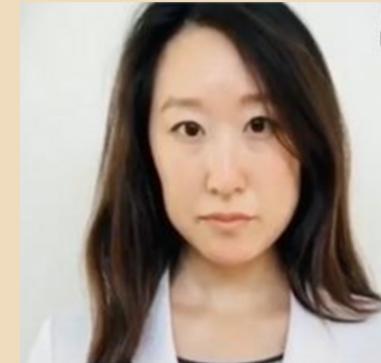


THE LEADERSHIP LAUNCHPAD PROJECT



OUR AMERICAN STORY





"GO BACK TO CHINA!

Chul Fong Eng, 84, embraced by her family, is one of many Asian-American elders who have experienced the surge of attacks against AAPI communities



@teawithmd
Dermatology

2)



Racial triangulation

 Asian Americans simultaneously perpetrate and suffer from racial triangulation

 Are victims and perpetrators of anti-Asian racism and anti - Blackness

At the intersection of the Model Minority Myth and AntiBlackness: From Asian American Traimgulation to Recommendations for Solidairty- Wang & Santos (2023)

Project examples

Stanford Black Community Services Center and Asian American Acitivites Center co-sponsoring Mixed Heritage Group for Mental Health Awareness Month

CODAPAR Grant: 8 different APA Divisions cocreating a yearlong Policyrelevant research webinar series under leadership of SPSSI.



Asian American Psychological Association BLM rally, 2016 Denver CO

Alliance Meeting, Association of Black Psychologists Convention



mental wellness CONNECTED TO YOUR ROOTS

Dr. Michelle Johnson-Jennings

Indigenous Wellness Research Institute

Dr. Nellie Tran

Asian American Psychological



Dr. Theopia Jackson

Association of Black Psychologists

Dr. Fiorella Chavez

National Latinx Psychological Association

Wednesday, August 11, 1pm EST/10am PST

BIPOC Mental Health Month Project with Facebook and Ethnic Psychology Associations, 2021

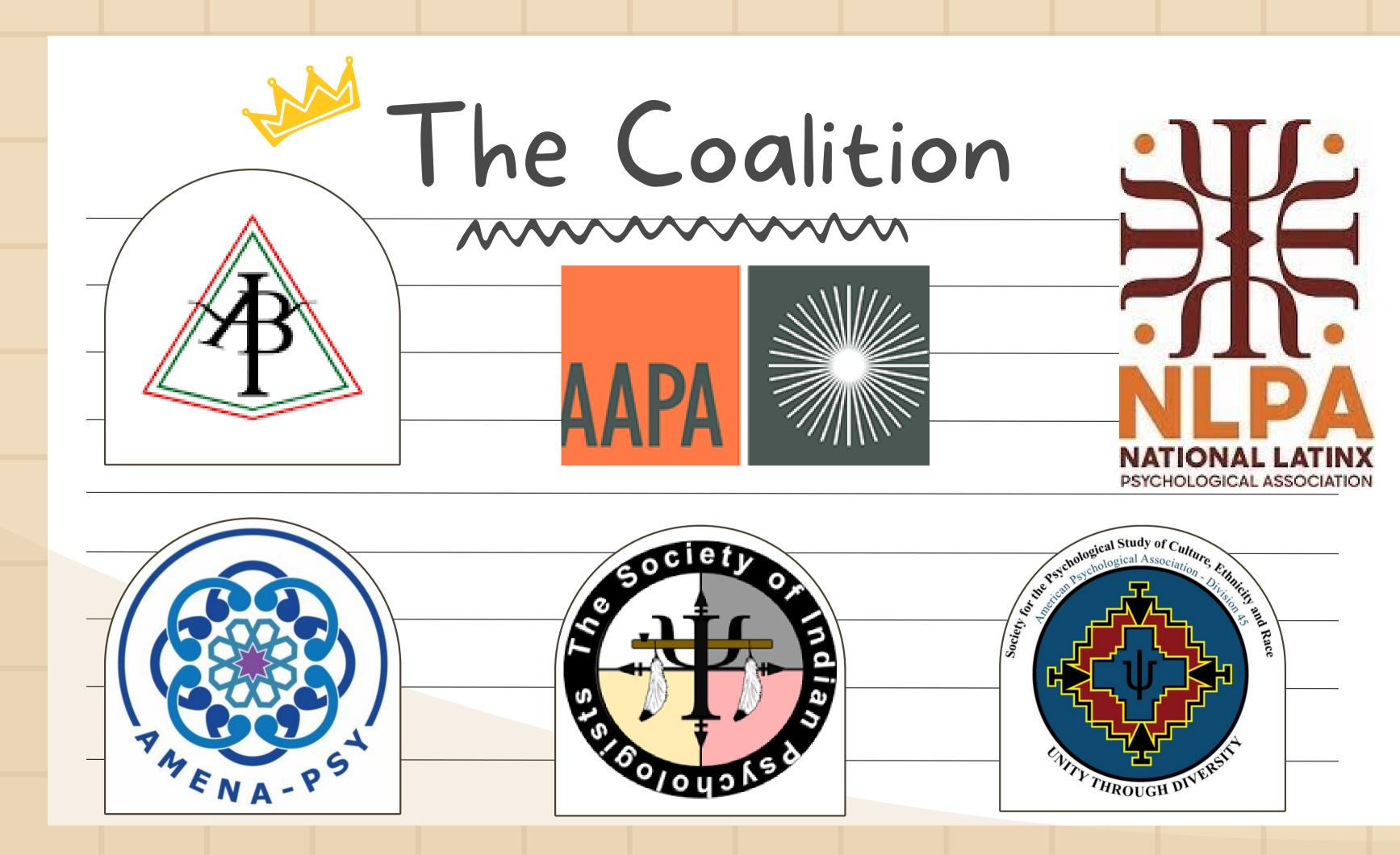


APA Minority Fellowship Program

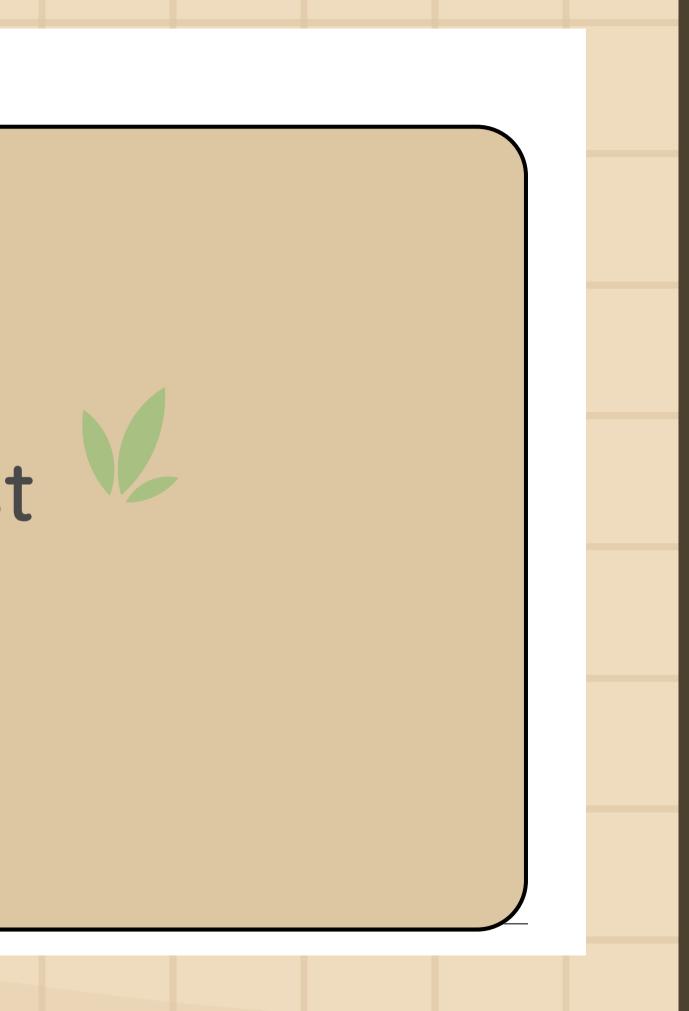


"Too often we think the work of fighting oppression is just intellectual. The real work is personal, emotional, spiritual, and communal." — Dr. Bettina L. Love

Are you an accomplice not just an ally?



Earning Trust



Repair Skills





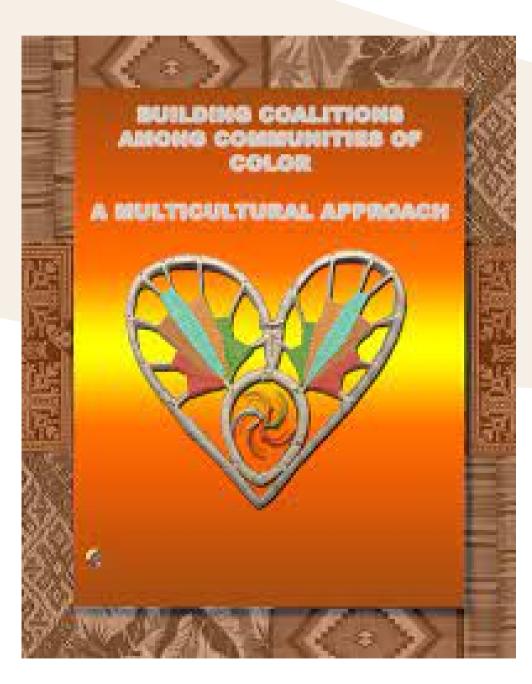
Process example

Meeting of leaders from the Council of National Psychological Association's for the Advancement of Ethnic Minority Interests prior to the Association of Black Psychologists' conference in Oakland. The Saybrook student rep, Anthony, plus Drs. Richelle Concepcion, Fred Millan, Tiffany Townsend, Y. Evie Garcia, Linda James Myers, & Huberta Jackson-Lowman. Not shown (but taking the photo), Dr. Alberto Figueroa-Garcia.



CNPAAEMI to Alliance to Coalition Changing leadership Varying priorities Ongoing Projects History-keeping Harm and Repair Equity, Resource allocation

HHS Multicultural Coalitions Guide



CREATE

CONNECT

COMMIT

CELEBRATE

Project example						
	CRDP	Action	Asks	Policies	Resources	
	CREATE	meet	workplan	contracts	grant	
	CONNECT	IRL	show up	presence	co create	
	COMMIT	repairs	align	support	share	

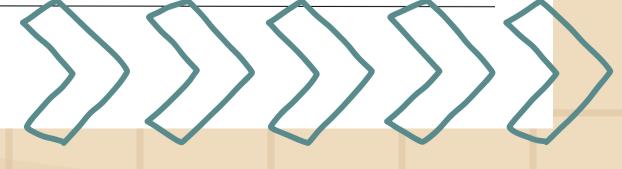


Table Share

Describe an experience you had that built trust or facilitated collaboration

Identify / describe an experience you had that co created repair and understanding

...or not!





www.menti.com Enter the code 79 56 43 2

Reflect/ Assess

What is your agency currently doing to build coalition & address impact of anti-Asian hate for your clients?

What do you and your organization need to improve your coalition building/maintenance?

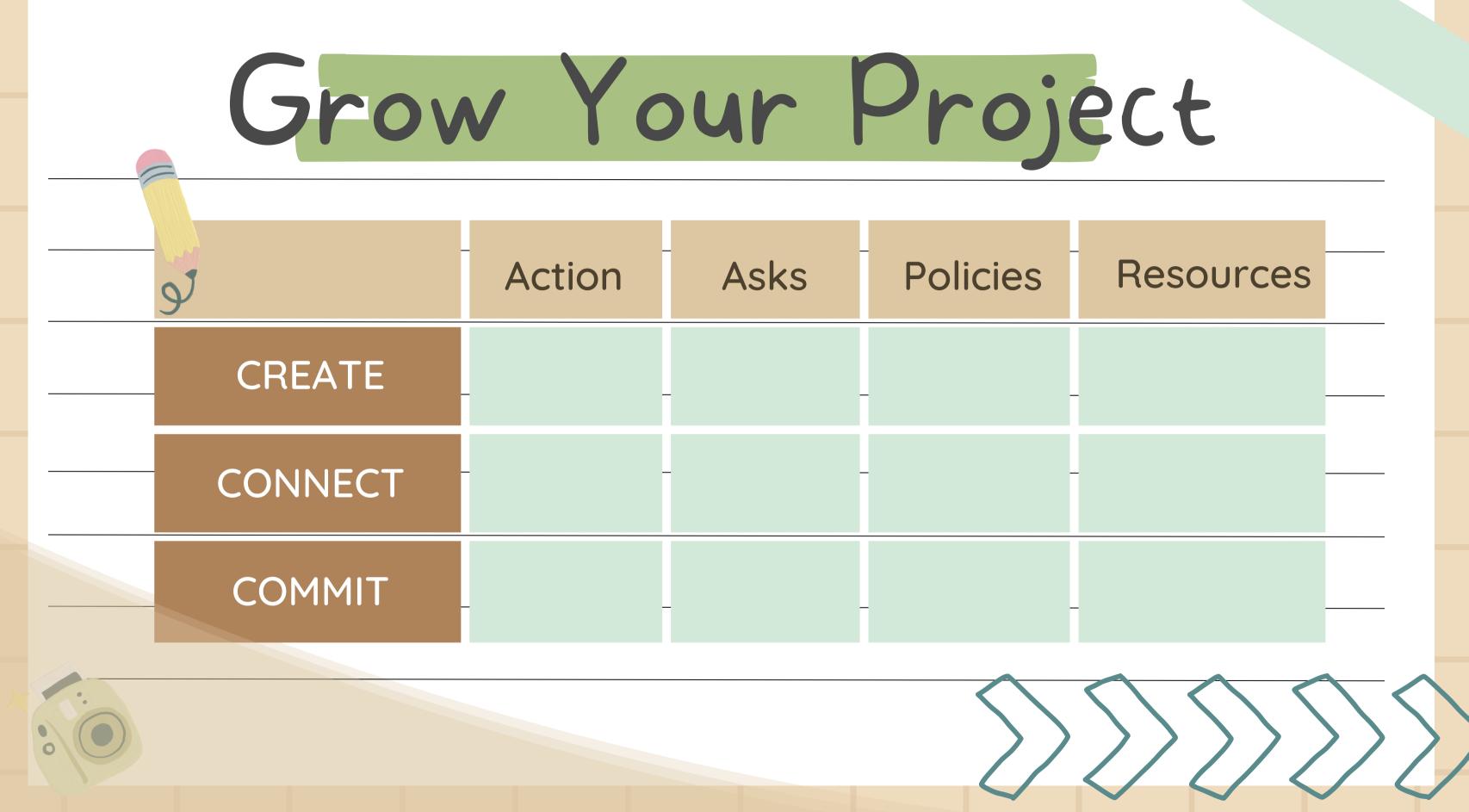


What is an idea or projects of yours?

Let's examine either a current project underway, or one you are thinking or seeking. Briefly identity the actions, asks, policies and resources needed Discuss at the table what you need to prepare to create, connect and commit in collaboration.







Pace Ourselves

- This is lifelong, generational work
- Humility and Generousity go a long way
- Think Strategically.
- Evaluations must include community
- Keep records, history
- disaggregated data
- Celebrate!



